

# Carson City Senior Center Menu

## June 2024

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested donation: \$2.25 - 60 & over		Fee: \$6.00 – 59 & under		
Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.				
<b>On-Site (Congregate) Lunch Options:</b>				
<ul style="list-style-type: none"> <li>• <b>To-Go Lunch Available Daily</b> – Bring your containers.</li> <li>• <b>Entrée Salad Available</b> – instead of the day’s meal (on-site lunch only) [excludes Birthday Friday, Salad Meals, &amp; Holiday Meals].</li> <li>• <b>Lunch Served:</b> 11-12:30pm, Mon – Fri</li> </ul>				
3	4	5	6	7
<u>Chicken Caesar Salad</u> Diced Peaches V8 Juice Pudding Fig Bar	<u>Shrimp Scampi</u> Fettucine Pasta Broccoli House Salad Fruit Cup	<u>Flounder In Cilantro</u> Sauce Spanish Rice Black Beans Mixed Green Salad Fruit Cup #93	<u>Chicken Pasta</u> <u>Primavera</u> House Salad Citrus Delight Garlic Breadstick #32	<b>HAPPY BIRTHDAY!</b> <u>Country Fried Steak</u> Mashed Potatoes Peas Mixed Berry Cup WW Roll Cake & Ice Cream
10	11	12	13	14
<u>Stuffed Pepper</u> <u>Casserole</u> Fettucine Noodles House Salad W/ Garbanzo Beans Fruit Cocktail Cookie	<u>Chicken Tetrizzini</u> Cooked Baby Carrots Broccoli Salad WW Roll Pudding #47	<u>Sweet &amp; Sour Pork</u> Jasmine Rice Stir Fry Veggies Pineapple Chunks Fortune Cookie	<u>Chicken Broccoli</u> <u>Rice</u> Beet Salad Mango Cup Muffin #38	<u>Seafood Louie Salad</u> Three Bean Salad Fruit Juice Diced Peaches Sourdough Bread Fig Bar
17	18	19	20	21
<u>Chili Cheese Baked</u> <u>Potato</u> Steamed Carrots Muffin Yogurt Fruit Juice #37	<u>Baked Tandoori</u> <u>Chicken</u> Buttered Potato Chunks Italian Vegetable Blend House Salad Fig Bar	<u>CLOSED</u> <u>JUNETEENTH</u>	<u>Chicken Mushroom</u> <u>Marsala</u> Rice Pilaf Mixed Veggies w/ Lima Beans Spinach Salad Diced Pears	<u>Spaghetti W/ Meat</u> <u>Sauce</u> Steamed Italian Veggies House Salad Pineapple Chunks WW Bread #39
24	25	26	27	28
<u>Egg Salad Sandwich</u> <u>on WW Bread</u> Lentil Soup Lettuce & Tomato Diced Peaches Yogurt Fig Bar	<u>BBQ Chicken</u> Steamed Cali. Veggies Garden Salad Chantilly Cup Apple Crisp WW Roll #72	<u>Herb Crusted Pork</u> <u>Chops</u> Mashed Sweet Potatoes Corn Fresh Banana Cookie	<u>Tuna Casserole</u> Three Bean Salad Mango Chunks House Salad WW Bread Pudding Swirl #177	<u>Thai Chicken Curry</u> Jasmine rice Stir Fry Veggies Cucumber Salad Tropical Fruit Cup Fig Bar