

Carson City Senior Center Menu

July 2024

Menu subject to change without notice.

Suggested donation for age 60 & over is \$2.25. Those under 60 must pay \$6.00.

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">1</p> <p style="text-align: center;"><u>Chicken In Orange Sauce</u> Mashed Potatoes Mixed Veggies Garden Salad Peach Yogurt Peaches 7 Grain Bread #103</p>	<p style="text-align: center;">2</p> <p style="text-align: center;"><u>Chicken Caesar Salad</u> Sliced Peaches V8 Juice Pudding</p>	<p style="text-align: center;">3</p> <p style="text-align: center;"><u>Hot Dog On A Bun</u> Baked Beans Corn Chips House Salad Brownie</p>	<p style="text-align: center;">4</p> <p style="text-align: center;"><u>CLOSED</u> <u>4th of July</u></p>	<p style="text-align: center;">5 #3</p> <p style="text-align: center;"><u>Happy Birthday Celebration</u> <u>Meatloaf</u> Mashed Potatoes w/ Pan Gravy Steamed Spinach House Salad Chantilly Fruit Cup WW Roll Ice Cream & Cake</p>
<p style="text-align: center;">8</p> <p style="text-align: center;"><u>Seafood Louie Salad</u> Three Bean Salad Fruit Juice Sourdough Bread Brownie</p>	<p style="text-align: center;">9</p> <p style="text-align: center;"><u>Shepherd's Pie</u> Spinach Salad Muffin Fresh Fruit #29</p>	<p style="text-align: center;">10</p> <p style="text-align: center;"><u>Beef Stroganoff</u> Egg Noodles Steamed Mixed Veggies Orange Spinach Salad Pineapple Chunks #108</p>	<p style="text-align: center;">11</p> <p style="text-align: center;"><u>Greek Grilled Chicken Pita</u> Broccoli Salad Fruit Cup Pudding</p>	<p style="text-align: center;">12</p> <p style="text-align: center;"><u>Creamy Tuscan Pork</u> Brown Rice Steamed Peas Tropical Salad Fresh Fruit</p>
<p style="text-align: center;">15</p> <p style="text-align: center;"><u>Southwest BBQ Chicken Burger</u> Baked Beans House Salad Pineapple Chunks Pudding #150</p>	<p style="text-align: center;">16</p> <p style="text-align: center;"><u>Biscuits & Sausage Gravy</u> Omelet and Breakfast Veggies Fresh Fruit Muffin V8 Juice</p>	<p style="text-align: center;">17 #110</p> <p style="text-align: center;"><u>Baked Pork Chop</u> Mashed Sweet Potatoes Steamed Green Beans Mixed Green Salad Diced Pears WW Roll</p>	<p style="text-align: center;">18</p> <p style="text-align: center;"><u>Shrimp Scampi</u> Pasta Steamed Broccoli Lentil Salad Peach Crisp Fresh Apple</p>	<p style="text-align: center;">19</p> <p style="text-align: center;"><u>Beef Enchilada</u> Spanish Rice Refried Beans Mexicorn House Salad Diced Pears Churro</p>
<p style="text-align: center;">22</p> <p style="text-align: center;"><u>Honey Apricot Chicken</u> Wild & Long Rice Cali Veggie Blend Fresh Oranges WW Bread #183</p>	<p style="text-align: center;">23</p> <p style="text-align: center;"><u>Sloppy Joe on WW Bun</u> Steamed Carrots Three Bean Salad Cookie #155</p>	<p style="text-align: center;">24</p> <p style="text-align: center;"><u>Tropical Chicken Lettuce Wrap</u> Fruit Cup House Salad w/Chickpeas V8 Juice Fig Bar</p>	<p style="text-align: center;">25</p> <p style="text-align: center;"><u>Pork Fried Rice</u> Stir Fry Veggies Mandarin Oranges Spinach Salad Fortune Cookie</p>	<p style="text-align: center;">26</p> <p style="text-align: center;"><u>Herb Baked Chicken</u> Linguine Pasta Steamed Spinach Carrot Salad Berry Cup</p>
<p style="text-align: center;">29</p> <p style="text-align: center;"><u>Stuffed Cabbage Casserole</u> Steamed Carrots Fruit Juice House Salad WW Roll</p>	<p style="text-align: center;">30</p> <p style="text-align: center;"><u>Lemon Baked Fish</u> Peas Brown Rice House Salad WW Bread Grapes #161</p>	<p style="text-align: center;">31</p> <p style="text-align: center;"><u>Tandoori Chicken</u> Penne Pasta Herbed Diced Potatoes House Salad Mandarin Oranges</p>	<p>Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</p> <p>On-Site (Congregate) Lunch Options:</p> <ul style="list-style-type: none"> • To-Go Lunch Available Daily – Bring your containers. • Entrée Salad Available – instead of the day's meal (on-site lunch only) [excludes Birthday Friday, Salad Meals, & Holiday Meals]. <p>Lunch Served: 11-12:30pm, Mon – Fri</p>	